

School Learning Plan

October 2021/22

THE CURRENT CONTEXT

École Glenbrook Middle School offers programs in English and French to over 680 students. Home to the district's Late and Early French Immersion programs, students from across New Westminster attend the school. Each year a range of extracurricular opportunities are offered to students including clubs, performing arts, and sports teams. Prior to our current goal we focused on building community as a staff and school community. Three years ago, in a collaborative setting, the staff began the process of revising our school goal, looking at results from the MDI and Student Surveys as well as input from stakeholders such as staff, parents and students. We developed a goal that encapsulated what we sensed was needing to be highlighted in the building: mindfulness. As we are in the fourth year of a four-year plan, we are more strategic in our actions, targeting specific support in areas such as SOGI and Truth and Reconciliation. These targeted actions continue to support the overall development of mindfulness in all members of our school community.

OBJECTIVE: WHAT WE HOPE TO ACHIEVE

Goal: Mindfulness is the awareness and caring of self, others, and surroundings.

This will be the overarching statement as we develop an understanding of what mindfulness is throughout all of our community members. We will be working on creating an environment where all members have a toolkit of strategies that supports them throughout their day. As they work towards becoming mindful, it is hoped that their actions will project to their surroundings to make this a positive environment for all.

- The need was visible after we completed and examined three different student surveys and one staff survey, in 2018. It continues to be essential as our staff and students have had to negotiate the stresses of the current pandemic all while developing strategies to support themselves and others in their social and emotional well-being.
- It should help to address the increase in anxiety and stress we are seeing, with the hopes we see a decrease overall in our school.
- This goal is a forever goal the school hopes to have help shape our community, and not a temporary focus. It will remain a fundamental part of the school after new goals are set.

DESIGN: HOW WE PLAN TO MEET OUR OBJECTIVE

Action Plan

- SLP committee (teachers, support staff, admin)
- Truth and Reconciliation committee
- Explicitly teach strategies to students (Jennifer Katz) - class strengths/needs, circles
- Staff pro-d, Jennifer Katz, classroom community building strategies, Truth and Reconciliation support
- Use the Second Step program in classes
- Build class community, team community, school community
- SLP as standing item

Timeline

- Committees throughout the year reporting out at staff meetings
- Pro – d ongoing throughout the year
- Principal Lunches monthly
- Clubs weekly
- Project with city completed in August
- Class community building on going
- Presentations to classes monthly
- Cultural connection project start Dec.
- Surveys i.e. Student Learning Survey in the spring

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- Student survey/data gathering
- Principal's Lunch - provide student access to Chris
- Social and Emotional Skill Building presentations by Wellness team to classes
- Creation/continuation of clubs to support inclusivity and mindfulness i.e. Mixed media club, Improv Club, GSA
- Social and Emotional support programs provided by outside agencies i.e. Children of the Street
- Cultural connection project with our Indigenous students in collaboration with FRMS and QMS
- Traffic calming project in collaboration with the City of New Westminster and city partners

SUCCESS INDICATORS: HOW WE WILL KNOW THAT OUR ACTIONS ARE HAVING THE DESIRED IMPACT

Key Results

- Develop student understanding of what mindfulness/wellbeing of self, others, and surroundings look like
- Students using strategies to help support their own wellbeing of self and mindfulness of others and surroundings
- All school community members supporting the development and maintenance of a welcoming/inclusive environment which is foundational in student learning
- Conducting staff check-ins at meetings and want to produce a Wordle and survey for staff to give their feedback
- Student Learning survey - adding in questions that are linked to our goal
- Implementation of language across all areas of the school, from classrooms, to office, library, counselling, LST department, teams.
- Tracking of at risk and high behaviour students to see if behaviour changes over the course of the goal.
- Videos and interviews midway through (Jan/Feb time)
- Parent reporting at PAC meetings around what is coming home
- Students and family members will anecdotally report a feeling of belonging and safety in the school

COMMUNICATION: HOW WE WILL SHARE OUR LEARNING JOURNEY WITH OUR COMMUNITY

- Information presented to and gathered from parents at PAC meetings - what is their input
- On our school website - linking up our resources so families can see them too: www.mindfulnessategms.com
- Writing about it in our school newsletter and newspaper
- Feedback during 3 way conferences
- Posting of SLP to school website