



New
Westminster
Schools

EGMS

PLANNING TEMPLATE

Context

École Glenbrook Middle School offers programs in English and French to over 650 students. Home to the district's Late and Early French Immersion programs, students from across New Westminster attend the school. A wide range of extracurricular opportunities is offered to students including clubs, performing arts, and sports teams. These enrich students' education experiences and strengthen their connections to each other and their school.

For the last two years, we focused on building community as a staff and school community. This year, in a collaborative setting, the staff began the process of revising our school goal that encapsulated what we sensed was needing to be highlighted in the building: mindfulness.

What we hope to achieve:

As a school, we tried to answer the question: "What is School For?" and collaboratively the idea of developing mindful students who were caring and aware of self, others, and surroundings became a theme. When students and staff are mindful, they are able to create a positive learning environment where everyone is able to flourish.

Goal: Mindfulness is the awareness and caring of self, others, and surroundings.

This will be the overarching statement as we develop an understanding what mindfulness is throughout all of our community members. We will be working on creating an environment where all members have a toolkit of strategies that supports them throughout their day. As they work towards becoming mindful, it is hoped that their actions will project to their surroundings to make this a positive environment for all.



Competency Development

Although our goal will encompass all of the core competencies, the main focuses will be on Personal Awareness and Responsibility and Social Responsibility.

We will be looking specifically at the following competencies:

Personal Awareness and Responsibility:

- Self-regulation and Well-Being

Social Responsibility

- Contributing to community and caring for the environment
- Solving problems in peaceful ways
- Building relationships

Strategies

- During our collaboration day, all staff participated in a dialogue on “What is School For”.
- During a PAC meeting, parents also participated in the same dialogue
- Information was then brought to Team Leaders for their input and focussing
- Brought back to staff meetings for further dialogue
- Committee created to formulate the goal and develop strategies
 - Gather baseline data
 - Engage speakers
 - Review programs that are currently available that teachers can access
 - Create toolkit for teacher and student support
 - Develop school-wide common language and awareness of Mindfulness Goal
 - Committee will be “standing item” during monthly staff meetings



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Success Indicators

- What does it look like?

- Student self-reporting positive experiences in school (committee-created survey, MDI, Student Learning Survey)
- Student self-reflection as part of core-competencies
- Reduction in office referrals for student behaviour
- Reduction in counsellor referrals
- Staff and parent feedback

Communication

- Kick-off assembly
- Newsletter
- Standing item at Staff Meetings
- PAC Meetings
- Visual presence in school